

CJE SeniorLife Helps Older Adults Live Better Every Day!



Whether it's finding a community to call home, making connections with new friends, or getting support through challenging times, we match you to the right program to address your immediate and long-term needs.

- Adult Day Services
- Affordable Housing
- Benefits Services
- Care Management
- Counseling and Support Groups
- CJE Cyber Club
- Holocaust Community Services
- Home-Delivered Meals
- Legal Services
- Tamarisk NorthShore
- Weinberg Community for Senior Living
- Volunteering
- And more!

Find out how we can be of service to you at
www.cje.net and 773.508.1000!

cje SeniorLife
Jewish values for positive aging



3003 West Touhy Avenue | Chicago IL | www.cje.net | 773.508.1000

CJE SeniorLife® is a partner with the Jewish United Fund in serving our community.



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Guide to CJE Programs and Services ▸ 773.508.1000

ADULT DAY SERVICES (ADS)

Supervised, structured programs for people with Alzheimer's or related disorders or those who are frail or socially isolated. A group setting maximizes each participant's potential by promoting autonomy, creativity, and self-esteem.

ADS Deerfield—A program for people with early to moderate stage Alzheimer's disease and related dementias.

ADS Evanston—Traditional program for people who are without cognitive impairment, who have mild dementia, or who have mid-stage dementia.

ASSISTED LIVING AT WEINBERG COMMUNITY

Gidwitz Place for Assisted Living features one- and two-bedroom apartments for older adults who require a supportive environment yet still wish to live as independently as possible. Amenities include personal care services, housekeeping, restaurant-style dining, a full schedule of activities, and registered nurse on site 24/7. Respite care available.

The Friend Center for Memory Care is a welcoming residence for people with Alzheimer's disease or related disorders. Residents enjoy spacious private rooms, assistance with bathing and grooming, stimulating activities, and meals. The Bernard Heerey Annex has an expanded area for Adult Day Services programming. Respite care is also available.

CJE BENEFITS SERVICES

Benefits Services staff provide free information, resources, and advocacy on issues that impact older adults, including consumer benefits, community services, public assistance, Medicare, Social Security, housing referrals, and transportation. Russian-speaking staff are available.

CJE CARE MANAGEMENT SERVICES

Care Management partners with older adults in the community to foster their dignity, quality of life, as well as maximize their independence, health, safety, and well-being. Master's level social workers provide home care, meals, financial assistance, direct services, support, guidance, referrals, and more.

CJE COUNSELING SERVICES

CJE's clinical social workers provide counseling to older adults and families, addressing symptoms of anxiety and depression, as well as problems caused by family and caregiving issues, changes in health, losses, and other crises. The majority of group and individual sessions continue to be held via video or phone, but some clients can be seen face to face on an as-needed basis.

COMMUNITY ENGAGEMENT (CE)

CE helps older adults remain independent and connected to resources. CE encourages mental and physical health by providing health education, lectures, activities, social events, and fitness and exercise programs. **CJE Cyber Club** presents a wide array of online classes.

EDUCATION

CJE SeniorLife, committed to providing professional training and community education, holds professional seminars and conferences (often with CE and CEU credits). We publish findings on innovative research studies and disseminate educational information to our clients, residents, and the community through our website, print materials, and emails.

HOLOCAUST COMMUNITY SERVICES (HCS)

HCS provides support to Holocaust survivors and family members, including programming, referrals, socialization, and ongoing financial help with food, medication, home care, or emergency needs. Russian-speaking staff available.

HOME-DELIVERED MEALS

Fresh or frozen cRc-certified kosher Home-Delivered Meals are available for qualified individuals within specific boundaries in the Chicago area.

HOUSING: AFFORDABLE AND SUBSIDIZED

CJE SeniorLife owns and operates residences for those who qualify for government-subsidized housing. These include studio and one-bedroom apartments (Krasnow Residence, Swartzberg House and Village Center) and a 24-unit group living home (Robineau Residence).

IRVING H. AND JANE W. GOLDBERG LEGAL SERVICES AT CJE

Free legal consultation, advice, referral and drafting of documents for older adults and their caregivers.

KOSHER CATERING

Weinberg Community provides rabbinically-supervised kosher catering for holidays and special events.

LINKAGES

Linkages is a program for older adults and their family members with disabilities.

RESEARCH

The Leonard Schanfield Research Institute (LSRI) conducts applied research in the field of aging to provide the catalyst for new and innovative program development.

SPIRITUAL AND RELIGIOUS LIFE

Aware that a healthy spiritual life is the foundation for the health and wellness of older adults, we have a full-time certified rabbi/chaplain and offer spiritual, religious, and cultural programs in our residences. CJE works closely with many community clergy to reach their congregants in need of services.

SUPPORT GROUPS

Support groups for adults, caregivers, and Holocaust survivors are facilitated by CJE counselors. Groups focus on bereavement, caregiver support, and aging challenges.

TAMARISK NORTHSORE

CJE-managed Tamarisk NorthShore offers fine apartment homes at market rate for adults 65 and better. Residents enjoy many dining options, life enrichment programs, a pool and sauna, 24-hour concierge, and more.

VOLUNTEER SERVICES

Our capable cadre of dedicated volunteers offer their talents, skills and time to enhance programs and services for CJE's residents and clients in our various locations and in the larger community. These opportunities provide wonderful and rewarding exchanges for all involved.

WEINBERG COMMUNITY FOR SENIOR LIVING

Our campus in Deerfield provides residents with several levels of care, including Assisted Living, Memory Care, and Adult Day Services in a warm, home-like atmosphere. Features rabbinically-supervised kosher meals.